

## Waterloo/Cedar Falls Community Resources (updated 041709)

Agency	Address	Phone Number	Services
<b>Black Hawk County Extension</b>	3420 University Avenue Suite B Waterloo, IA 50701	(319) 234-6811	Educations, better Iowa healthy from union, Link ISU
HAWKEYE COMMUNITY COLLEGE	Address	Phone Number	Services
- Center for Business & Industry	5330 Nordic Drive Cedar Falls, IA 50613	(319) 277-2490	Specializes in training services for businesses
- Grundy Center Center	705 Grundy Avenue Grundy Center, IA 50618	(319) 825-5015	
- Hawkeye Technology Access Center	1025B Technology Parkway Cedar Falls, IA 50613	(319) 296-4244	
- Independence Center	Hwys. 150 and 20 Independence, IA 50644	(319) 334-3131	
- Main Campus <a href="http://www.hawkeyecollege.edu">www.hawkeyecollege.edu</a>	1501 East Orange Road (50701) (P.O. Box 8015) Waterloo, IA 50704-8015	(319) 296-2460 (800) 670-4743 (319) 296-2874	Offers applied science and technology programs and an arts & sciences transfer program; Credit and continuing-education programs
- Martin Luther King Jr. Center	515 Beech Street Waterloo, IA 50703	(319) 234-7543 (319) 235-7287	Credit and noncredit courses
- Metro Center	844 West 4 <sup>th</sup> Street Waterloo, IA 50702	(319) 234-5745	GED classes, adult basic education, English as a Second Language
AIRLINE BEREAVEMENT FARES	Address	Phone Number	
Northwest Airlines	Waterloo	(800)-225-2525	
United Airlines	Cedar Rapids	(800)-864-8331	Funeral Home Name, Number, Funeral Home Director's Name
American Airlines	Cedar Rapids	(800) 433-7300	Funeral Home Name, Address, Phone Number
CHILD CARE CENTERS	Address	Phone Number	Services
<b>A To Z Learning Center &amp; Daycare</b>	3823 West 4 <sup>th</sup> Street Waterloo, IA 50701 4828 University Avenue Cedar Falls, IA 50613	(319) 234-1919  (319) 266-6755	Child 1-12 and preschool
<b>Building Bright Beginnings</b>	202 Byron Avenue Waterloo, IA 50702 1737 Cornwall Avenue Waterloo, IA 50702	(319) 287-6094  (319) 833-0053	Child Care & Preschool 6 Weeks Through School Age
<b>Cedar Valley Preschool &amp; Child Care Center</b>	724 Lantz Ave. Cedar Falls, IA 50613 <a href="http://www.cvpccc.com">www.cvpccc.com</a> cvpreschool@cfu.net	(319)268-1944	
<b>Child Care Resource &amp; Referral</b>	3674 University Avenue Waterloo, IA 50701 <a href="mailto:childcare@episervice.org">childcare@episervice.org</a>	(319) 233-0804 (800) 475-0804	Child Care Resource & Referral

<b>CHILD CARE CENTERS</b>	<b>Address</b>	<b>Phone Number</b>	<b>Services</b>
<b>Grin &amp; Grow Day Care</b>	608 West 4 <sup>th</sup> Street Waterloo, IA 50702 1407 Independence Avenue Waterloo, IA 50703	(319) 236-2063  (319) 291-2424	Licensed Infant & Pre-School Programs – A United Way Agency
<b>Happy Time Preschool/Daycare</b>	3520 Ansborough Avenue Waterloo, IA 50701	(319) 235-6783	Preschool & Daycare Programs for Ages 18months – 5 Years Elementary Programs – Kindergarten through 5th
<b>Tri-County Child &amp; Family Development Council, Inc.</b>	205 Adam St., Suite 2 P.O. Box 1050 Waterloo, IA 50703 (MAIN) 205 Administrative and EMA Waterloo, IA 50703 <a href="http://www.Tricountychildandfamily.org">www.Tricountychildandfamily.org</a>	(319) 235-0383	Head Start Prenatal to age 5 Home-based and
<b>COUNSELING SERVICES</b>	<b>Address</b>	<b>Phone Number</b>	<b>Services</b>
<b>Alternatives Pregnancy Center</b>	1006 Decathlon Drive Waterloo, IA 50701 2222 College Street Cedar Falls, IA 50613 (Tuesday nights open)	(319) 232-5683  (319) 553-0430	Adoption Counseling Pro Life, free pregnancy testing, caring ( help getting furniture, diapers clothing etc.), forgive and set free, forgotten fathers
<b>Associates for Behavioral Health</b> Susan Hoppenworth, LMHC, LMSW, ACADC, NCC/MAC Mary E. Crawford, LMHC, LMSW, CADC, NCC	3356 Kimball Avenue Waterloo, IA 50701	(319) 291-6500	Mental Health/Substance Abuse Services; Individual, Couples, Family Counseling
<b>Black Hawk-Grundy Mental Health Center, Inc.</b> Marvin Piburn, Jr., M.D Deborah L. Garrelts, M.D Cyd Grafft, ARNP James Harding, Ph.D Larry Ryan, M.A Lori Wilken, M.A. Richard Anfinson, ACSW, LISW Thomas Eachus, ACSW, LISW, BCD Debra Estes, LISW Terry Kuenning, ACSW, LISW, BCD Patricia Nelson, ACSW, LISW, CADA Angela Clausen, LISW Tiffany Vrba, LMSW Kerry Sullivan, LMHC Polly Binger, MA, LMSW	3251 West 9 <sup>th</sup> Street Waterloo, IA 50702 <a href="http://www.bhgmhc.ocm">www.bhgmhc.ocm</a>	(319) 234-2893 or (800) 583-1526	Staff/ programs include: psychologists, psychiatrists, social workers, elderly services, men's dual diagnosis, sexual offender treatment, homeless, corrections transition, recovery/peer support, patient assistance program

<b>COUNSELING SERVICES</b>	<b>Address</b>	<b>Phone Number</b>	<b>Services</b>
<b>Catholic Charities</b> Ken Stecher, LISW Orlyn Wathier, LISW Kelley Dickey-Cuddy, LMHC	2101 Kimball Ridge Center Suite 138 Waterloo, IA 50701	(319) 272-2080 (800) 772-2758	Individual, Couples, Family, Anxiety, Depression, Parenting, Children, Stress Management, Pregnancy Counseling Service All Faiths – Affordable Sliding Fee Scale
<b>Cedar Falls Counseling Associates</b> Catherine S. Edwards, M.Ed., NCSP Martin R. Edwards, Ph.D., PC, LMFT, LMHC Karl Moe, ABPP Melanie Zamborsky, LMHC, ATR-BC	324 West 3 <sup>rd</sup> Street Cedar Falls, IA 50613 www.cedarfallscounselingassociates.com	(319) 277-4383 (319) 268-2207f	Individual, Relationship, Marriage & Family Therapy; Mediation Services, Clinical Supervision, Sex Therapy, Psychoeducational Evaluation
<b>Cedar Valley Friends of the Family</b>	100 E Bremer Ave. 2 <sup>nd</sup> Floor Suite 1 Waverly, IA 50677	(319) 352-0037 Or (800) 410-SAFE	24 HR crisis line Domestic Violence/Sexual Assault Services; Transitional Housing
<b>Cedar Valley Hospice</b>	2101 Kimball Avenue, Suite 401 Waterloo, IA 50702 <a href="http://www.cvhospice.org">www.cvhospice.org</a>	(319) 272-2002 800 (617)-1972	Grief services- all ages, HIV/AIDS, needn't be client
<b>Cedar Valley Mental Health Center</b>	111 10 Street SW Waverly, IA 50677	(319) 352-2064	
<b>Conditt Psychological Services</b> Kristine Conditt, Ph.D, Psychologist Paul M. Conditt, Psy.D., Psychologist Christine Guevara, Ph.D.	715 W. 1 <sup>st</sup> Street Cedar Falls, IA 50613 www.conditt.org	(319) 277-1020	Evaluations, Counseling, Pervasive Developmental Disorders Services in Spanish
<b>Covenant Clinic Psychiatry</b> Mervin Carnahan, LISW Dan Ekstrom, PsyS Marilyn Pell, LISW Laura Rasmussen, LISW Jon Towley, LISW Paul Wehrman, LMHC Carolyn Hartsfeld, LISW P.B. Raju, M.D., Valentina Doumanian, MD Theresa Sakyama, MD	2750 St. Francis Drive Waterloo, IA 50702	(319) 272-8922	Adults, Adolescents, Children, Group & Family Counseling
<b>Covenant Clinic Psychiatry</b> Pam Correll, LISW Dennis Feltz, LMHC Thomas Kremer, LISW Lisa Kukral, LMHC Diane Schaeffer, LISW Lynne Staker, LISW John Upshaw, LISW Ron Larson, LISW Ronelle Langley, PhD Theresa Sakyama, MD Matthew Targoff, MD	2802 Orchard Drive Cedar Falls, IA 50613	(319) 268-1922	Adults, Adolescents, Children, Group & Family Counseling

<b>COUNSELING SERVICES</b>	<b>Address</b>	<b>Phone Number</b>	<b>Services</b>
<b>Covenant Clinic Psychiatry</b> Ron Larson, LISW Brian Nedoba, LISW Stephanie Schwinn, LISW Paul Wehrman, LMHC Valentina Doumanian, MD	217 20 <sup>th</sup> Street NW P.O. Box 298 Waverly, IA 50677	319) 352-9606	Adults, Adolescents, Children, Group & Family Counseling
<b>Covenant Clinic at Arrowhead Medical Center</b> Jim Broome, LISW, ACSW	226 Blue Bell Road Cedar Falls, IA 50613	(319) 575-5800	Therapy
<b>Covenant Horizons</b>	2710 St. Francis Drive Waterloo, IA 50702	(319)272-2873	Chemical dependency
<b>Family &amp; Children's Council</b>	500 East 4 <sup>th</sup> Street (KWVL) Waterloo, IA 50703	(319) 234-7600	Parenting Information
<b>Families First Counseling Services</b> Laone Kishman, LMSW Kevin Petersen, LMHC Jodi Daniels, LMSW, LPHA	501 Sycamore Street, Suite 738 Waterloo, IA 50703www.families-first.net	(319) 433-0395	
<b>Flory's Counseling</b> Floralyn Groff-Perry, MA	847 West 4 <sup>th</sup> Street Waterloo, IA 50702	(319) 226-3220	Children, Individual, Couple & Family Counseling
<b>Fresh Hope Christian Counseling</b>	815 Orchard Drive Cedar Falls, IA 50613	(319) 230-2629	
<b>Hawkeye Community College Student Health Clinic</b> Laura Cousins, LISW	1501 East Orange Road Grundy Hall – 2 <sup>nd</sup> Floor, Room 215 Waterloo, IA 50704	(319) 296-4224	Mental health Counseling, Screening, Stress Management, Depression/Anxiety, Substance Abuse Assessments
<b>Gate's Counseling</b> Dan Gates, LMHC, LMSW	847 West 4 <sup>th</sup> Street Waterloo, IA 50702 gatescounseling@mchsi.com	(319) 233-3348	Family, Marriage, Anger Management, Christian Counseling
<b>Hawkeye Community College Student Services</b> Carol Hedberg, EdD Rhonda McRina, MAE	1501 East Orange Road Student Services Office Hawkeye Center – Upper Level Waterloo, IA 50702	(319) 296-4014	Academic, Crisis, Personal Counseling for Hawkeye students, collaboration & referral with outside agencies
<b>Heal the Family</b> James (Corey) Johnson, MA Clin Psychol	212 E. 4 <sup>th</sup> St., Suite 124 Waterloo, IA 50703 www.healththefamilyinc.org	(319)236-7290	African-American male therapist
<b>Helm Counseling &amp; Associates</b> Holly Helm, LISW, ACADC	1217 University Ave. Waterloo, IA 50701 hlyhelm@yahoo.com	(319) 504-1015	Individual, family, & adolescent mental health counseling, Subst. abuse evaluations (DOT)
<b>Hope Huff</b>	847 West 4 <sup>th</sup> Street Waterloo, IA 50702 hopehuff@mchsi.com	(319) 233-3348	Borderline Personality Disorder, anxiety, depression, domestic violence
<b>Institute for Therapy and Psychological Solutions</b> Nikole Pauli, LMHC, NCC Rebecca Niehaus, LMSW Kristi Clements, LMSW	3510 Kimball Avenue, Suite A Waterloo, IA	(319) 415-0439 (319)939- 3535 (319) 236-4436	Play therapy, Family, children, chronically mentally ill

<b>COUNSELING SERVICES</b>	<b>Address</b>	<b>Phone Number</b>	<b>Services</b>
<b>Iowa Concern Line</b>		(800)447-1985	Mental health counseling/referrals after flood disaster
<b>Lutheran Services in Iowa</b>	925 E. 4 <sup>th</sup> Street Waterloo, IA 50703	(319) 233-3579	Individual, Relationship, Family Counseling
<b>Marcia Mullikin, LMHC</b>	3641 Kimball Avenue Waterloo, IA 50702	(319) 236-8298	Family, Individual, Couples Counseling
<b>Medical Associates (Covenant)</b>	602 Clay Street Cedar Falls, IA 50613	(319) 268-0461	
<b>Mid-IA Family Therapy Clinic</b>	3275 W. 4 <sup>th</sup> Street Waterloo, IA	(319) 833-0072	DHS referrals
<b>Pathways</b>	500 East 4 <sup>th</sup> Street Waterloo, IA 50703	(319) 232-5363	Addiction
<b>The People Place</b> Carol Charles-Rohlf, MA, LMHC, LMSW,NCC, RPT Barb Lind, LISW	2302 W. 1 <sup>st</sup> , Suite 114 Cedar Falls, IA 50613	(319) 266-6812 (319) 277-7218	Individual, Marriage, Family Counseling – Play Therapy
<b>Seeds of Hope</b>		(888) 746-4673	Domestic Violence & Sexual Assault
<b>Vocational Rehabilitation</b>	3420 University Avenue Waterloo, IA 50701	(319) 234-0319	Disability services & job preparation
<b>CREDIT AND DEBT COUNSELING</b>	<b>Address</b>	<b>Phone Number</b>	<b>Services</b>
<b>Black Hawk County Extension</b>	3420 University Avenue Waterloo, IA 50701	(319) 234-6811	
<b>Consumer Credit Counseling Service of Northeastern Iowa</b>	1003 West 4 <sup>th</sup> Street Waterloo, IA 50702	(319) 234-0661	Accredited, Non-Profit Agency providing free counseling, build spending plans, set up budgets, assist with credit and loans' HUD approved
<b>Family Management Credit Counselors, Inc.</b>	1409 West 4 <sup>th</sup> Street Waterloo, IA 50702	(319) 234-6695	Free one-on-one, face-to-face counseling, Non-Profit, HUD approved, housing, counseling agency, money management
<b>DISABILITY TESTING</b>	<b>Address</b>	<b>Phone Number</b>	<b>Services</b>
<b>Cedar Falls Counseling Associates</b> Catherine S. Edwards, M.Ed., NCSP	324 West 3rd Street, Cedar Falls, 50613	(319) 277-4383	\$275.00 for LD or ADHD testing if HCC student
UNI Psychological Assessment Center		(319) 277-1020	Learning Disabilities Testing \$400
<b>DISASTER ASSISTANCE-FLOOD/TORNADO of 2008</b>	<b>Address</b>	<b>Phone Number</b>	<b>Services</b>
<b>Black Hawk County Disaster Recovery Committee: United Way</b>	3420 University Avenue Waterloo, IA 50701 <a href="http://www.cedearvalleyunitedway.org">www.cedearvalleyunitedway.org</a>	(319) 235-6211	CARE: 233-2273
<b>Carpenters to Help</b>		(319) 231-9161	
<b>FEMA</b>	Local during flood disaster: UNI's parking lot of the west gym <a href="http://www.fema.gov">www.fema.gov</a>	(319) 621-3362	Applications should be completed on line
<b>Iowa Concern Line</b>		(800)447-1985	Mental health counseling/referrals after flood disaster

<b>DISASTER ASSISTANCE- FLOOD/TORNADO of 2008</b>	<b>Address</b>	<b>Phone Number</b>	<b>Services</b>
<b>Iowa Financial Assistance (Iowa Department of Human Services)</b>	<a href="http://www.dhs.state.ia.us">www.dhs.state.ia.us</a>	(877)937-3663	Apply on-line for assistance
<b>Iowa Workforce Development Center</b>	925 East 4 <sup>th</sup> Street Waterloo, IA 50703 <a href="http://www.dhs.state.ia.us">www.dhs.state.ia.us</a> New website for disaster recovery efforts: <a href="http://www.iowaworkforce.org/recovery/">www.iowaworkforce.org/recovery/</a>	(319) 235-1471 (319) 235-9672	Free  Website for application for assistance
<b>Red Cross</b>	2530 University Avenue Waterloo, IA 50701 <a href="http://www.redcrossmidwestflooding.wordpress.com">www.redcrossmidwestflooding.wordpress.com</a>	(319)235-6831 (866) GETINFO	
<b>DOMESTIC ABUSE</b>			
<b>Batterers' Group</b>		(800) 485-8151	
<b>Seeds of Hope- Crisis Services</b>	Kimball & Ridgeway, Suite 355 Waterloo, IA 50702	(888) 746-4673 (319) 272-1400	<b>Free &amp; confidential group and individual advocacy services, 24-hour crisis line, legal advocacy, community education</b>
<b>Domestic Abuse Response Team – (DART)</b>	316 East 5 <sup>th</sup> Street Waterloo, IA 50703	(319) 291-4331	
<b>Waterloo Police Department</b>		(319) 291-4331 (319) 291-2515	
<b>EDUCATION</b>	<b>Address</b>	<b>Phone Number</b>	<b>Services</b>
<b>Area Education Agency 267 (AEA 267)</b>	3712 Cedar Heights Drive Cedar Falls, IA 50613	(319) 273-8200	
<b>Cedar Falls Schools Administration Office</b>	1002 West 1 <sup>st</sup> Street Cedar Falls, IA 50613	(319) 277-8800	
<b>HOLA</b>		(319) 234-7589	Provides Spanish Interpreters
<b>River Hills School</b>	2700 Grand Blvd. Cedar Falls, IA 50613	(319) 268-7775	Children with mental disabilities
<b>Waterloo Community Schools</b>	1516 Washington Street Waterloo, IA 50702	(319) 291-4800	
<b>EMERGENCY ASSISTANCE</b>	<b>Address</b>	<b>Phone Number</b>	<b>Services</b>
<b>American Red Cross Chapter</b>	2530 University Avenue Waterloo, IA 50701	(319) 234-6831	Disaster Relief and Planning
<b>Black Hawk County Department of Human Services</b>	1407 Independence Avenue Waterloo, IA 50703	(319) 232-0477	
<b>Black Hawk County Health Department</b>	1407 Independence Avenue Waterloo, IA 50703	(319) 291-2413	STD Testing
<b>Cedar Valley Friends of the Family Crisis Intervention</b>	P.O. Box 807 Waverly, IA 50677	(319) 352-0037	Domestic Violence/Crisis Intervention; Transitional Housing
<b>Cedar Valley United Way</b>	425 Cedar Street, Suite 300 Waterloo, IA 50701 <a href="http://www.cedarvalleyunitedway.org">www.cedarvalleyunitedway.org</a>	(319) 235-6211	Determine where to find disaster assistance

<b>EMERGENCY ASSISTANCE</b>	<b>Address</b>	<b>Phone Number</b>	<b>Services</b>
<b>County Relief (DHS)</b>		(319) 291-2400 (319) 292-2261	Utilities, Bus Tickets
<b>Domestic Abuse Response Team</b>	316 East 5 <sup>th</sup> Street Waterloo, IA 50703	(319) 291-2498	
<b>Eastside Ministerial Alliance</b>	East 4 <sup>th</sup> & Adam's Street Waterloo, IA 50703	(319) 233-8228	
<b>Faith Temple Baptist Church Reverend Belinda Creighton-Smith</b>	415 Walnut Street Waterloo, IA 50703	(319) 234-0854	
<b>Goodwill Industries</b>	2640 Falls Avenue Waterloo, IA 50701	(319) 234-4626	Jobs
<b>Heartland Vineyard</b>	1405 Greenhill Road Cedar Falls, IA 50613	(319) 266-4673	Food Pantry, Clothing
<b>Jesse Cosby Center Sherri Roberts</b>	1112 Mobile Street Waterloo, IA 50703	(319) 234-1793	
<b>Jesse Crosby Neighborhood Center</b>	1112 Mobile Street Waterloo, IA 50703	(319) 234-1793	
<b>Jubilee Methodist Church – Pastor Dwight Webster</b>	1621 East 4 <sup>th</sup> Street Waterloo, IA 50703	(319) 234-5307	
<b>Kimball Avenue United Methodist Church</b>	1207 Kimball Avenue Waterloo, IA 50701	(319) 232-4103 (319) 232-6821	Meal Served on Monday Nights
<b>Legal Aid (Iowa) Vivian Betts</b>	607 Sycamore Street Waterloo, IA 50703	(319) 235-7008	Brainstorming Ideas for Emergency Assistance
<b>Lutheran Services in Iowa</b>	925 E. 4 <sup>th</sup> Street Waterloo, IA 50703	(319) 233-3579	Family Crisis Intervention- in-home, financial
<b>Northeast Iowa Food Bank</b>	106 East 11 <sup>th</sup> Street Waterloo, IA 50703	(319) 235-0507	
<b>Operation Threshold</b>	300 West 3 <sup>rd</sup> Street (temp) 405 Chestnut Street Waterloo, IA 50701 <a href="http://www.operationthreshold.org">www.operationthreshold.org</a>	(319) 291-2065	Utilities, low income, heat, energy assistance
<b>Salvation Army Men's Emergency Lodge</b>	218 Logan Avenue Waterloo, IA 50703  Terry Mundt Apartment	(319) 235-9358  (319) 232-6336 (319) 234-2287	<ul style="list-style-type: none"> <li>• Guaranteed 7 days Can be up to 21 days</li> <li>• Provide Food</li> <li>• Should arrive by 4:00 p.m. and needs photo id &amp; social security card</li> </ul>
<b>Salvation Army Women &amp; Children's Shelter</b>	603 S Hackett Waterloo, IA 20703	(319) 232-0397	
<b>Salvation Army Headquarters</b>	89 Franklin Street Waterloo, IA 50703	(319) 232-2322	Meal Program Monday - Friday 11:30-1:00 PM Emergency Shelter
<b>Seeds of Hope</b>		(888) 746-4673	Domestic Violence and Sexual Assault
<b>St. Vincent DePaul</b>	320 Broadway Street Waterloo, IA 50703	(319) 232-3366	Free clothing

<b>EMERGENCY ASSISTANCE</b>	<b>Address</b>	<b>Phone Number</b>	<b>Services</b>
<b>United Way</b>	3420 University Avenue Waterloo, IA 50701	(319) 235-6211	CARE: 233-2273
<b>University of Northern Iowa Center for Urban Education (UNI-CUE)</b>	800 Sycamore Street Waterloo, IA 50703	(319) 433-1220	
<b>Veteran Affairs Commission</b>		(319) 291-2512	
<b>Village Initiative</b>	500 East 4 <sup>th</sup> Street, Suite 414 Waterloo, IA 50703	(319) 234-7600	
<b>EMPLOYMENT SERVICES</b>	<b>Address</b>	<b>Phone Number</b>	<b>Services</b>
On the Internet:	<a href="http://www.state.ia.us:80/jobs/index">www.state.ia.us:80/jobs/index</a>		
	<a href="http://www.cedarnet.org/business/employment">www.cedarnet.org/business/employment</a>		
	<a href="http://www.wfcourier.com">www.wfcourier.com</a>		
	<a href="http://www.ajb.dni.us">www.ajb.dni.us</a>		
<b>North Star Community Services</b>	3420 University Avenue Waterloo, IA 50701	(319) 236-0901	Disability Services
<b>Hawkeye Community College</b>	<a href="http://www.collegecentral.com/hawkeyecollege">www.collegecentral.com/hawkeyecollege</a>	(319) 296-4027	Online Career Center for Students/Alumni/Community Residents
<b>HCC Workforce Development Center Iow@Work</b>	3420 University Avenue, Suite A Waterloo, IA 50701	(319) 291-2546	
<b>Goodwill Industries of Northeast Iowa</b>	2640 Falls Avenue Waterloo, IA 50701	(319) 234-4626	
<b>IA State Dept. of Labor (Wage &amp; Hour &amp; OSHA)</b>	Des Moines	(800) JOBIOWA	
<b>IA Workforce Development Center</b>	925 East 4 <sup>th</sup> Street Waterloo, IA 50703 <a href="http://www.dhs.state.ia.us">www.dhs.state.ia.us</a>	(319) 235-1471 (319) 235-9672	Free Website for application for assistance
<b>Job Corps</b>	(See Workforce Development Center)		
<b>Job Link Plus</b>	3420 University Ave Waterloo, IA 50701	(319) 235-2505	
<b>Martin Luther King Jr. Center</b>	515 Beech Street Waterloo, IA 50703	(319) 234-7543	
<b>Promise Jobs</b>	3420 University Avenue Waterloo, IA 50701	(319) 291-2546	Income-based
<b>Vocational Rehabilitation</b>	3420 University Avenue Waterloo, IA 50701	(319) 234-0319	Disability Services

<b>GRIEF</b>	<b>Address</b>	<b>Phone Number</b>	<b>Services</b>
<b>Cedar Valley Hospice</b>	2101 Kimball Avenue Waterloo, IA 50702	(319) 272-2002	Grief support Counseling, different grief support groups.(friends don't have to have gone here) NO CHARGE Terminally ill, CASS (Cedar Aid Support System (319)272-2437)- HIV/AIDS program
<b>Cedar Valley Hospice Home</b>	2001 Kimball Avenue Waterloo, IA 50701	(319) 272-1771	Temporary placement for terminally ill
<b>HEALTH &amp; MEDICAL SERVICES</b>	<b>Address</b>	<b>Phone Number</b>	<b>Services</b>
<b>Allen Women's Health Center</b>	233 Vold Drive Waterloo, IA 50703 330 South Street, Suite 100 Waterloo, IA 50702	(319) 235-5090	Family Planning, Women's Health
<b>Alliance for the Mentally Ill</b>		(319) 235-5263	
<b>ARC of Black Hawk County</b>	760 Ansborough Avenue Waterloo, IA 50701	(319) 232-0437	Family Support for Persons with Mental Retardation
<b>Ask-A-Nurse</b>	Covenant Health Center	(319) 272-2600 (800) 593-1414	
<b>County Relief (Community Services)</b>	1407 Independence Avenue Waterloo, IA 50703	(319) 291-2400	Funerals/Prescriptions
<b>Covenant Medical Center Women's Center for Health</b>	3421 West 9 <sup>th</sup> Street Waterloo, IA 50702	(319) 272-8288	Sliding Fee Scale
<b>Dental Referral Service</b>		(800) 243-4444	
<b>Eastside Ministerial Alliance (EMA) Community Center</b>	205 Adams Street Waterloo, IA 50703	(319) 235-5580	Thursday Evenings
<b>Family and Children's Council</b>	500 East 4 <sup>th</sup> Street Waterloo, IA 50703	(319) 234-7600	Prenatal Clinic
<b>Hawkeye Community College Dental Clinic</b>	1501 East Orange Road Grundy Hall – 1 <sup>st</sup> Floor Waterloo, IA 50702	(319) 296-1030	Judy Banas
<b>Hawkeye Community College Student Health Center</b>	1501 East Orange Road Grundy Hall – 2 <sup>nd</sup> Floor, Room 215 Waterloo, IA 50702	(319) 296-4224	minor ailments or illness; Mental Health Assessment, counseling, referral; Prescribing prescription medication; Pregnancy Testing; Physical examinations/immunizations; Pap smears; minor gyn problems Contraceptive supplies; Sexually Transmitted Infection counseling, testing, referral; Subst. abuse services
<b>I.H.O.P.E. Mike and Mary Jo Peters</b>	722 South Hackett Road Waterloo, IA 50701 <a href="http://www.freeclinicsofiowa.org">www.freeclinicsofiowa.org</a>	(319) 266-4624	Free Clinic – Tuesdays – 6:00 PM – 9:00 PM
<b>Integra Urgent Care</b>	1717 West Ridgeway Avenue Waterloo, IA 50701	(319) 833-5888	

<b>HEALTH &amp; MEDICAL SERVICES</b>	<b>Address</b>	<b>Phone Number</b>	<b>Services</b>
<b>Iowa Care Program</b>	1407 Independence Avenue Waterloo, IA 50703	(319) 291-2441	University of Iowa Medical Assistance Application
<b>Jubilee Neighborhood Clinic</b>	610 Allen Street Waterloo, IA 50701	(319) 234-5307	Saturdays
<b>Lutheran Social Services</b>	1510 Logan Ave Waterloo, IA 50703	(319) 233-3579	
<b>Medi-Dial Physician Referral &amp; Health Information</b>	Service of IA Health System & Allen Health Systems	(800) 246-8347	
<b>Operation Threshold- WIC</b>	300 West 3 <sup>rd</sup> Street (temp) 405 Chestnut Street Waterloo, IA 50701	(319) 233-1851	Food & Education to Low-income Women, Infants, & Children
<b>Partnership for Prescription Assistance</b>		(888) 477-2669	Financial Assistance for Prescription Drugs
<b>People's Community Health Clinic</b>	905 Franklin Street Waterloo, IA 50703	(319) 272-4300	
<b>Visiting Nursing Association</b>	2530 University Avenue Waterloo, IA 50701	(319) 235-6201	Home Care Aides
<b>United Healthcare Children's Foundation</b>	<a href="http://www.uhccf.org/">http://www.uhccf.org/</a>		grants to families for child health care services-speech therapy, physical therapy, occupational therapy sessions, prescriptions, medical equipment -wheelchairs, orthotics, eyeglasses. apply for grants of up to \$5,000 each for child medical services &equipment
<b>HOUSING</b>	<b>Address</b>	<b>Phone Number</b>	<b>Services</b>
<b>Catholic Charities (St. Mary's Housing)</b>	2101 Kimball Avenue Waterloo, IA 50701	(877) 556-5122	Alabar Plaza apartments
<b>Cedar Falls Housing Assistance</b>	City of Cedar Falls 220 Clay Street Cedar Falls, IA 50613	(319) 273-8606	Section 8 housing (priority to disabled, elderly, and people with children)
<b>Community Development</b>		(319) 291-4429	
<b>Covenant Clinic</b>	222 Walnut Street Waterloo, IA 50702	(319) 272-5000	
<b>Department of Human Services</b>	1407 Independence Avenue Waterloo, Iowa 50703	(319) 291-2441	
<b>Habitat for Humanity</b>	803 W 5 <sup>th</sup> Street Waterloo, IA 50702	(319) 235-9946	
<b>House Of Hope</b>	306 Walnut St Waterloo, Ia	(319) 233-3823	2-yr transitional program for homeless children and women Housing supportive services
<b>Independence</b> KarTay Apartments	302 1 <sup>st</sup> Street East Independence, IA	(319) 334-7110	Section 8 housing (up to 5-year wait)

<b>HOUSING</b>	<b>Address</b>	<b>Phone Number</b>	<b>Services</b>
<b>Landlords of Black Hawk, Inc.</b>	620 Mulberry Street Waterloo, IA 50703	(319) 235-2872	
<b>LaPorte City</b> Prairie Village	220 Valley Drive LaPorte City, IA 50651	(319) 342-3705	
<b>Operation Threshold</b>	300 West 3 <sup>rd</sup> Street (temp) 405 Chestnut Street Waterloo, IA 50701 <a href="http://www.operationthreshold.org">www.operationthreshold.org</a>	(319) 291-2065	Funding apartments, Help with 1 <sup>st</sup> month's rent & deposit, may have available housing
<b>LaPorte City</b> Young Development	750 South Hackett Road Waterloo, IA 50701	(319) 235-5346	
<b>Parkersburg</b> Prairie Village	202 North Johnson Parkersburg, IA 50651	(319) 346-2006	
<b>Waterloo</b> (HUD Subsidized Apartments) Heritage Homes	1408 Washington Street Waterloo, IA 50702	(319) 234-4004	
<b>Waterloo</b> (HUD Subsidized Apartments) Greenridge Apartments	1650 Camelot Drive Waterloo, IA 50702	(319) 233-7771	Families
<b>Waterloo</b> (HUD Subsidized Apartments) Ridge Village	1261 Downing Avenue Waterloo, IA 50701 (Manager)	(319) 233-3585	3-4 Bedroom Townhouses
<b>Waterloo</b> Young Development	750 South Hackett Road Waterloo, IA 50701	(319) 235-5346	
<b>Catholic Worker House</b>	321 East 8 <sup>th</sup> St Waterloo	(319) 232-2116	Contact: Dwayne Check in between 4-9:00 Be out by 8:30 Serve meals evening
<b>Salvation Army</b> <b>Men's Emergency Lodge</b>	218 Logan Avenue Waterloo, IA 50703  Terry Mundt Apartment	(319) 235-9358  (319) 232-6336 (319) 234-2287	<ul style="list-style-type: none"> <li>• Guaranteed 7 days Can be up to 21 days</li> <li>• Provide Food</li> <li>• Should arrive by 4:00 p.m. and needs photo id and social security card</li> </ul>
<b>Salvation Army</b> <b>Women &amp; Children's Shelter</b>	603 S Hackett Waterloo, IA 20703	(319) 232-0397	
<b>LEGAL SERVICES</b>	<b>Address</b>	<b>Phone Number</b>	<b>Services</b>
<b>Attorney Referral Service of IA</b> <b>State Bar Association</b>		(800) 532-1108	
<b>Iowa Legal Aid</b>	607 Sycamore Street, Suite 206 Waterloo, IA 50703	(319) 235-7008	Free civil legal assistance

<b>MENTAL HEALTH</b>	<b>Address</b>	<b>Phone Number</b>	<b>Services</b>
<b>Iowa Department of Human Services</b>	1407 Independence Ave Waterloo, IA 50704 <a href="http://www.ime.state.ia.us">www.ime.state.ia.us</a>	(319) 291-2441	<ul style="list-style-type: none"> <li>• Ill &amp; handicapped children</li> <li>• Children's mental health</li> <li>• Mentally retarded children</li> </ul>
<b>NAMI Black Hawk County (National Alliance on Mental Illness)</b> Leslie Cohn	Allen Hospital 212 Dale. Street Waterloo, IA 50703 <a href="mailto:namibh@qwestoffice.net">namibh@qwestoffice.net</a> <a href="http://www.namiowa.org">www.namiowa.org</a>	(319)233-5263	Advocacy, education, mutual support, information
<b>PARENTS/FAMILIES</b>	<b>Address</b>	<b>Phone Number</b>	<b>Services</b>
<b>Alternative Services for Youth &amp; Families</b>	606 West Park Avenue Waterloo, IA 50702	(319) 287-3132	
<b>Family &amp; Children's Council</b>	500 East 4 <sup>th</sup> Street Waterloo, IA 50703	(319) 234-7600	
<b>Lutheran Services in Iowa HOPES</b>	925 E. 4 <sup>th</sup> Street Waterloo, IA 50703	(319) 233-3579	Early childhood prevention-prenatal-4 years
<b>Operation Threshold FADSS</b>	300 West 3 <sup>rd</sup> Street (temp) 405 Chestnut Street Waterloo, IA 50701 <a href="http://www.operationthreshold.org">www.operationthreshold.org</a>	(319) 291-2065	Family development, self-sufficiency, budgeting assistance
<b>Planned Parenthood-Greater IA</b>	2520 Melrose Drive Cedar Falls, IA 50613	(319) 277-3333	Birth Control
<b>YWCA/OLA/YPT</b>	YWCA 425 Lafayette Avenue Waterloo, IA 50703	(319) 234-7589	
<b>POLICE</b>			
<b>Cedar Falls Police Department</b>		(319) 291-8612	
<b>Waterloo Police Department</b>	715 Mulberry Street, Waterloo, IA 50703 <a href="http://www.waterloopolice.com">www.waterloopolice.com</a>	(319) 291-2515	
<b>Information</b>		(319) 291-4340	Sergeant Frank Krog
<b>Department of Correctional Services – Probation Officers</b> <b>Mike Schrek, Supervisor</b>		(319) 291-2091	Dial – Request if someone is under supervision and who P.O. is
<b>SENIORS</b>	<b>Address</b>	<b>Phone Number</b>	<b>Services</b>
<b>Area Complaint Hotline/Iowa Department of Elder Affairs</b>	Des Moines	(800) 532-3213 (515) 242-3333	
<b>Cedar Falls Community Center</b>	500 State Street Cedar Falls, IA 50613	(319) 277-1900	
<b>Hawkeye Valley Area Agency on Aging</b>	2101 Kimball Avenue Waterloo, IA 50702	(319) 272-2244 (800) 779-8707	
<b>Hospice of North Iowa</b>		(641) 422-6200	
<b>Kimball Ridge Senior Center</b>	2101 Kimball Avenue, Suite LL5 Waterloo, IA 50702	(319) 272-2086	
<b>Retired Seniors Volunteer Program</b>	2101 Kimball Avenue, Suite 121 Waterloo, IA 50702	(319) 272-2250	Local Nutrition Sites - 10 counties

<b>SENIORS</b>	<b>Address</b>	<b>Phone Number</b>	<b>Services</b>
<b>Senior Community Service Employment Program</b>	925 East 4 <sup>th</sup> Street Waterloo, IA 50703	(319) 234-0206	
<b>Senior Companion Program</b> Hawkeye Community College Metro Campus	844 West 4 <sup>th</sup> Street Waterloo, IA 50702	(319) 233-7061 (319) 233-6726	
<b>Waterloo Senior Center</b>	207 Logan Avenue Waterloo, IA 50703	(319) 235-1919	
<b>SEXUAL ADDICTIONS</b>	<b>Address</b>	<b>Phone Number</b>	<b>Services</b>
<b>Black Hawk Grundy Mental Health</b> Polly Binger, MA, LMSW	3251 West 9 <sup>th</sup> Street Waterloo, IA 50702	(319) 234-2893 (800) 583-1526	Works with sex addicts
<b>Covenant Clinic</b> Diane Schaeffer, LISW	2802 Orchard Drive Cedar Falls, IA 50613	(319) 268-9700	Works with sex addicts
<b>SEXUAL ASSAULT</b>	<b>Address</b>	<b>Phone Number</b>	<b>Services</b>
<b>SEEDS OF HOPE</b>		(888) 746-4673	Local 24-hour Hotline
<b>RVAP (Rape Victim Advocacy Program)</b>		(319)335-6000	Iowa Sexual Assault hotline; 24-hour; help victims, families, families, friends; provides support; provides local community resources
<b>SUBSTANCE ABUSE</b>	<b>Address</b>	<b>Phone Number</b>	<b>Services</b>
<b>AL-ANON</b>		(319) 291-3660	
<b>Alcoholics Anonymous</b>		(319) 291-3660	
<b>Covenant Horizons</b>	2710 St. Francis Drive Waterloo, IA 50702	(319)272-2873	Chemical dependency
<b>Pathways</b>	500 East 4 <sup>th</sup> Street Waterloo, IA 50703	(319) 234-9434	
<b>VETERANS REFERRAL RESOURCES</b>	<b>Address</b>	<b>Phone</b>	<b>Services</b>
<b>Cedar Falls Counseling</b>	324 West 3 <sup>rd</sup> Street Cedar Falls, IA 50613	277-4383	Counseling
<b>Iowa Legal Aid</b>	607 Sycamore Street, Suite 206 Waterloo, IA 50703	(319) 235-7008	Free civil legal assistance
<b>Iow@Works</b> Jeff Griffin, VA Counselor	Waterloo IA	(319)235-2123	Counseling
<b>Veterans Affairs Commission</b>	1407 Independence Ave # 1 Waterloo, IA 50703	(319) 291-2512	Emergency Assistance for Veterans
<b>Veterans Affairs Waterloo Outpatient Clinic</b>	1015 S. Hackett RD. Waterloo IA, 50701	(319) 235-1230	
<b>VA Readjustment Therapist</b> Victor Tate	Cedar Rapids IA	(515) 323-7487	
<b>Veterans Suicide Prevention for Iowa (Diane Havens)</b>	VA Hospital Iowa City, IA	(319) 338-0581 x 5465	
<b>Veterans Suicide Hotline</b>		(800) 273-8255	
<b>Veterans Therapist</b> Mars Edwards	324 West 3 <sup>rd</sup> Street Cedar Falls, IA 50613	(319) 277-4383	Contracted through VA

<b>VETERANS REFERRAL RESOURCES</b>	<b>Address</b>	<b>Phone</b>	<b>Services</b>
<b>Women's Health Program &amp; Clinic</b> Cynthia Montgomery	Coralville, IA	(319) 338-0581 x 6030	Counseling
<b>YOUTH ORGANIZATIONS</b>	<b>Address</b>	<b>Phone Number</b>	<b>Services</b>
<b>Big Brothers/Big Sisters</b>	2530 University Avenue, Suite 8, Waterloo, IA 50701	(319) 235-9397	
<b>Black Hawk Children's Theatre</b> <a href="http://www.cedarnet.org/wcpbhct">www.cedarnet.org/wcpbhct</a>	224 Commercial Street Waterloo, IA 50701	(319) 235-0367	
<b>Boy Scouts of America</b>	2929 Airport Avenue Waterloo, IA 50703	(319) 234-2867	
<b>Boys &amp; Girls Club of Waterloo</b>	515 Lime Street Waterloo, IA 50703	(319) 234-2839	Ages 6-20
<b>Waterloo Center for the Arts</b> <a href="http://www.cedarnet.org/wcpbhct">www.cedarnet.org/wcpbhct</a>	225 Commercial Street Waterloo, IA 50701	(319) 291-4490	Variety of programs, events, changing exhibitions, and activities for all ages, including an interactive youth gallery
<b>Family YMCA of Black Hawk County</b>	669 South Hackett Road Waterloo, IA 50701	(319) 233-3531	Crafts, Stories
<b>Girl Scouts Conestoga Council</b>	2530 University Avenue Waterloo, IA 50701	(319) 232-6601	
<b>Leisure Services</b>		(319) 291-4491	
<b>YWCA of Black Hawk County</b>	425 Lafayette Street Waterloo, IA 50703	(319) 234-7589	Sports Activities

V:Counselors/Community Resources